



## **MDTS CLOSE QUARTER ENGAGEMENTS**

(Force-On-Force Skills & Drills)

### **Course Description/Objectives:**

The MDTS Close Quarter Engagements (CQE) course provides students with proactive and reactive combative skill sets required at statistically common gunfight distances ranging from 0-10 ft. Following an integrated training model this course combines verbal and physical management of unknown contacts, practical unarmed combatives, concealed carry pistol skills with skill building force-on-force drills and scenarios. Designed to accelerate skill development, student retention of information and the ability to confidently act during a potential threat this course is suitable for men and women of any age or physical size/stature. Training consists of presentation, close tactical shooting drills, Force-On-Force drilling and application via Force-On-Force drills. The CQE curriculum will provide trainees with immediately accessible skill sets and a variety of defensive options within a use of force continuum.

### **Course Topics/Instructional Modules Include but are not limited to:**

- Parameters of Criminal Assault
- Proactive & Reactive Engagements
- Understanding Adrenaline Stress
- Alternative Aiming Techniques
- Dynamic Reactive Movement
- Engagement from Cover & Concealment
- Response to Spontaneous/Ambush Attacks
- Practical Combatives Skills
- Defense against Armed Assailants (contact weapons and firearms)
- FOF Skills & Stress Inoculation Drills

### **Equipment:**

Comfortable clothing/Street clothes, EDC gear to include – pistol, a minimum of one spare magazine and carry system, concealment garment, 100 rounds ammunition, hydration, note taking materials.

\*All FOF protective gear and weapons, training knives/drones and improvised training tools will be provided

**Duration:** 8 hr.