

TRAINING AND INSTRUCTIONAL RESUME

Christopher A Fry

(I.) PERSONAL DATA POINTS

Mailing Address:
PO BOX 323
New Hartford, NY 13413

Telephone: (315) 404-1923
E-Mail: CFry@mdtstraining.com

(II.) EDUCATION

1992-1993 B.S. in Cytotechnology- S.U.N.Y. Health Science Center at Syracuse University
1991-1992 B.S. - S.U.N.Y. Upstate Medical Center
1990-1991 A.S. – S.U.N.Y. Morrisville

(III.) WORK EXPERIENCE

(A.) 1999 to Present: Director, Modern Defensive Training Systems, LLC – Utica, NY

Description and responsibilities: Coordinate, supervise and conduct professional small arms (pistol, carbine, shotgun), physical defense and tactics instruction; curriculum development, manage all business activities, administration of services, company website design, development and administration; provide guest and affiliate instruction for various commercial training groups within New York State; conduct mobile training courses for citizens, individual military and law enforcement personnel CONUS and OCONUS

(B.) 2004 to Present: Adjunct Firearms Instructor/Combatives Instructor, Progressive F.O.R.C.E. Concepts- Las Vegas, NV

Description and responsibilities: Provide pistol, carbine and unarmed combatives training for citizens, active law enforcement and military personnel

(C.) 2006 to Present: Protection Agent, PFC Safeguards, Las Vegas N.V.

(D.) 2006 to Present: N.Y.S. Certified Armed Guard

(IV.) PROFESSIONAL TRAINING & CERTIFICATIONS

Unarmed Combatives/Defensive Tactics/Specialized

First Degree Black Belt Instructor- USA Goju Karate, Hamilton NY (1990)
Second Degree Black Belt Instructor- Chinese Goju Karate, Utica NY (1991)
Second Degree Black Belt Instructor- North American Karate, Utica NY (1991)
East/West Martial Arts Conference- Dan Inosanto/Larry Hartsell/Francis Fong, Aurora NY (1992)
East/West Martial Arts Conference- Dan Inosanto/Larry Hartsell/Francis Fong, Aurora NY (1993)
JKD/Jun Fan Gung Fu Instructor Certification– John Cowan, Cortland NY (1996)
JKD Grappling Instructor Certification- John Cowan, Cortland NY (1996)
Maphilindo Silat Apprentice Instructor- Steven Mosel, New York NY (1998)
Pekiti-Tirsia Certified Trainer- Pekiti-Tirsia International, Poughkeepsie NY (1999)
FAST Defense Children's Program Instructor- Bill Kipp, New York Mills NY (1999)

FAST Defense Basics Instructor- Bill Kipp, New York Mills NY (1999)
 FAST Defense Ground Fighting 1 & 2 Instructor- Bill Kipp, New York Mills NY (1999)
 Pekiti-Tirsia Law Enforcement Impact Weapons Seminar- Bill McGrath, New York Mills NY (1999)
 FAST Defense Against Weapons 1 & 2 Instructor- Bill Kipp, New York Mills NY (1999)
 FAST Defense Defensive Use of Weapons Instructor- Bill Kipp, New York Mills NY (2000)
 FAST Defense Against Multiple Assailants 1 & 2 Instructor- Bill Kipp, New York Mills NY (2000)
 FAST Defense Instructor Trainer Certification – Bill Kipp, New York Mills NY (2000)
 ASP Baton Instructor - Rochester NY (2000)
 Defense against Edged Weapons Seminar, 2 Day- Fight House, New York NY (2000)
 Rocky Mountain Combat Applications Training Center- Armored Assailant Course- CO (2000)
 F.I.S.T. Instructor Certification Course- New York NY (2001)
 Redman Simulations Instructor- Macho Products, New York NY (2002)
 Combat Concepts- 3 Day Intensive- Joe Green, New York NY (2002)
 Force Responsive Subject Control Seminar, 2 Day- Scott Sonnon, New York NY (2003)
 Ground Defense Seminar, 2 Day - Renzo Gracie - New York NY (2004)
 Introduction to Systema Seminar, 2 Day - Fight House, New York NY (2004)
 Krav Maga New York Seminar, 2 Day- Eyal Yanilov, New York NY (2004)
 CPR/Basic First Aid- American Heart Association, New York Mills NY (2004)
 Combat Concepts Instructor Certification- Joe Green, Albany NY (2004)
 Practical Unarmed Combatives- ShivWorks/SouthNarc, Marietta NY (2005)
 In-Extremis Knife- ShivWorks/SouthNarc, Ocean Springs MS (2005)
 W.E. Fairbairn Combatives Camp 2 – Matt Temkin/Craig Douglas, Colbourn CAN (2005)
 Emerson Combat Systems Seminar – Fight House, New York NY (2005)
 W.E. Fairbairn Combatives Camp 3 – Paul Sharp/Craig Douglas, Colbourn CAN (2006)
 In-Extremis Knife- ShivWorks/SouthNarc, Marietta NY (2006)
 AMOK! Edge Weapon Accessing Seminar- Tom Sotis, Memphis TN (2007)
 Hard Skills 1 & 2 – CQB Services/Dennis Martin, Pittsburg PA (2007)
 Handgun Retention & Disarming – William Aprill, Memphis TN (2007)
 Aerko International O.C. Course- S.A.F.E. Training, Poughkeepsie NY (2001)
 Aerko International O.C. Instructor Certification- S.A.F.E. Training, Poughkeepsie NY (2001)
 Edged Weapons Overview- ShivWorks/SouthNarc, Tulsa OK (2007)
 Tony Blauer S.P.E.A.R. Seminar, 2 Day- Herkimer NY (2007)
 Edged/Impact Weapons Seminar, 1 Day - Leo Gaje, Rochester NY (2007)
 Emergency Combat Care Overview - Paul Gomez (WTS3), Memphis TN (2007)
 T.E.M.S., 1 Day- Pathfinder Operations, Oneonta NY (2008)
 CMD Boxing/MMA Seminar, 2 Day– Coach Cecil Burch, New York Mills NY (2008)
 BJJ Seminar, 2 Day- Coach Cecil Burch, Tulsa OK (2008)
 Managing Unknown Contacts – ShivWorks/SouthNarc, Armed Society Summit (2009)
 AMOK! Edge Weapon Accessing Seminar – Tom Sotis, Armed Society Summit (2009)
 CMD Boxing/MMA Seminar, 2 Day– Coach Cecil Burch, New York Mills NY (2009)
 Escape Combatives (PUC), 1 Day – Shivworks/SouthNarc, Nashua NH (2009)
 NRA Refuse To Be A Victim Instructor Certification – (2010)
 2004 to Present – Muay Thai Kickboxing Training/Classes, Next Level MMA, Marcy NY
 2005 to Present- Mixed Martial Arts Training/Classes, Next Level MMA, Marcy NY
 2006 to Present- Brazilian Jiu-Jitsu Classes, Marcy NY

Firearms

Certified Pistol Instructor, N.R.A. - S.A.F.E. Training, Poughkeepsie NY (1995)
Certified Home Safety Instructor, N.R.A. - S.A.F.E. Training, Poughkeepsie NY (1995)
Certified Range Safety Officer, N.R.A. – S.A.F.E. Training Poughkeepsie NY (1995)
N.Y.S. Concealed Weapons Permit (CCW) Course – S.A.F.E. Training, Poughkeepsie NY (1995)
PROTOCOL 100 Instructor Certification- Progressive F.O.R.C.E. Concepts, Danbury CT (2003)
Defensive Carbine Operator- Progressive F.O.R.C.E. Concepts, Las Vegas NV (2003)
Dominating CQB Encounters – Progressive F.O.R.C.E. Concepts, Las Vegas NV (2003)
East Coast Combat Camp- Progressive F.O.R.C.E. Concepts, Danbury CT (2004)
Combative Carbine- Progressive F.O.R.C.E. Concepts, Las Vegas NV (2004)
Rocky Mountain Combat Applications Training Center- Firearms Scenarios Course- CO (2004)
East Coast Combat Camp- Progressive F.O.R.C.E. Concepts, Danbury CT (2005)
CQB Pistol & Shotgun- Progressive F.O.R.C.E. Concepts, Woodgate NY (2005)
Extreme Close Quarter Concepts 1 & 2- ShivWorks/SouthNarc, Ocean Springs MS (2005)
Nevada Concealed Weapons Permit (CCW) Training Course – PFC/VTI, Las Vegas NV (2006)
Fighting with Firearms 1- Progressive F.O.R.C.E. Concepts, Marietta NY (2006)
Fighting with Firearms 2- Progressive F.O.R.C.E. Concepts, Marietta NY (2006)
Extreme Close Quarter Concepts 1 & 2- ShivWorks/SouthNarc, Marietta NY (2006)
Extreme Close Quarter Concepts 1 & 2- ShivWorks/SouthNarc, Marietta NY (2007)
Weapon Access in the Clinch Seminar- United States Shooting Academy, Memphis TN (2007)
Extreme Close Range Gun-Fighting- Suarez International, Memphis TN (2007)
Low Light Pistol Skills- Tom Givens, Memphis TN (2007)
Certified Ar15/M16/M4 Armorer- Defensive Edge, Marietta NY (2008)
Tactical Rifle 1- Defensive Edge, Marietta NY (2008)
Advanced Carbine Tactics (ACT), 3 Day- Progressive F.O.R.C.E. Concepts, Ithaca NY (2008)
Armed Movement in Structures (AMIS) – ShivWorks, Syracuse NY (2008)
N.Y.S. 47-Hour Armed Guard Training – PRI, Syracuse NY (2006)
N.Y.S. Armed Guard Certification – PRI, Syracuse NY (2006)
State of Utah CCW Course- Rochester Personal Defense, Syracuse NY (2009)
Snub Revolvers – SnubTraining/Michael De Bethancourt, Armed Society Summit (2009)
Combat Focus Shooting – I.C.E. Training/Rob Pincus, Armed Society Summit (2009)
Dignitary Protection Tactics- Progressive F.O.R.C.E. Concepts, New York Tactical Officers Association Conference, Vernon NY (2009)
Structure Clearing Strategies, 2 day- Progressive F.O.R.C.E. Concepts, New York Tactical Officers Association Conference, Syracuse NY (2009)
Glock Armorer's School, 1 day- Glock Training, Zone 5 Law Enforcement Trg. Academy, Schenectady NY (2009)
Point Shooting-Handgun, 1 day - Ulf Petersson & P. Fredriksson / Swedish Federal Police Force, Harvard MA (2009)
Tactical Flashlight Instructor, 1 day - T. Bailey & J. Picariello / Brite Strike, Harvard MA (2009)
Combat Focus Shooting, 2 day – I.C.E. Training/Rob Pincus, Oneida NY (2010)
Shooting While Injured, 1 day – Progressive F.O.R.C.E. Concepts, Las Vegas NV (2010)

(V.) INSTRUCTIONAL EXPERIENCE

- Martial Arts Instructor of various disciplines since 1989
- Lectured on Personal Protection & Awareness to various groups ranging from 5-300 participants
- Host monthly multi-disciplinary (combatives/DT, edged weapons) group classes since 2006
- Conducts private and group mobile training courses on the following subjects since 1999:
 - Managing Unknown Contacts/Verbal Diffusion & Physical Boundary Setting
 - Practical Unarmed Combatives/Defensive Tactics
 - Edged/Improvised Weapons Defense
 - Edged/Improvised Weapons Utilization
 - Counter Assault for Women
 - Ground Defense and Offense
 - Less Lethal Weapons – O.C.
 - Extreme Close Quarter Concepts
 - In-Fight-Weapon-Access
 - Weapon Retention, Recovery & Disarming
 - Expandable Baton/Impact Weapon Utilization
 - Pistol Skills- Basic, Intermediate & Advanced
 - Carbine/Rifle Skills- Basic, Intermediate & Advanced
 - Shotgun Skills – Basic, Intermediate & Advanced
 - Armed Movement in Structures
 - FULL FORCE Padded Assailant Adrenaline Stress Training
 - Force-on-Force Training Simulations

- Appointed Lead Instructor – Oneida Rifle Club, Oneida N.Y. (2008)
- Guest Presenter/Instructor at the Armed Society Summit – Nashua, N.H. (2009-2010)
- Appointed Director of Education & Training for New York State Rifle & Pistol Assoc. (June 2009)
- Guest Presenter/Instructor at Massachusetts Law Enforcement Firearms Instructors & Armorers Conference (2009-2010)